

"There are a thousand hacking at the branches of evil to one who is striking at the root."

Henry David Thoreau

Submitted by Betty B..

Howard Hartley is writing an article on A.A. history in the area. It will be presented in Beach Life Magazine. (August issue, found on sale along the beaches and on some news stands)

HUMILITY is something which if you don't have it you should, but which if you think you have you haven't and which if you have it you don't know it!

Empty ashtrays!

PUBLIC INFORMATION REPORT

DWI		15 hours, 14 members	
Clw.	St. Pete	Connie B.	Don C.
5/13	5/20	Mary S.	George S.
5/28	5/25	Esther L.	Val S.
6/2	5/29	Judi M.	Ralph P.
6/10	6/4	Jim S.	Dave D.
6/14	6/7	Jim S.	Joe B.
		Pat P.	Larry M.

6 Highschools		20 hours, 7 members	
5/13	Shore Crest	Assembly 1/2 hr.	Millie K.
5/17	Dixie Hollins	6 classes 5 hr.	Jim S.
5/20	Seminole	5 classes 4 1/2 hr.	Joe E.
5/21	St. Pete Cath.	3 classes 3 hr.	Judi M.
5/25	Clearwater Hi.	1 class 1 hr.	Jancy C.
5/26	Clearwater Hi.	1 class 1 hr.	Ken C.
5/27	St. Pete. Hi.	5 classes 5 hr.	Mary S.

Radio		2 1/2 hours	
5/15	WWBA	Q&A	1/2 hr.
6/8	WGUL	Q&A	2 hr.

Plus spots on several others.
Jim S., Pat P., Judi M.

In reply to Jerry's question asked at the Hudson Group, our Public Information people do not have enough time ahead of broadcasts to let people in AA know in advance so that they may watch or listen. The C.O. was notified on a Monday at 9:30 A.M. of the request for a 1/2 hour radio program for the next evening. Through very fast moving, the P.I. chairman was able to contact one AA, the Alanon and one Alateen by 2:30 Monday afternoon as that was the deadline to set up for the program. This is very short notice. They do their very best!

Don't confust me with the facts.....
My mind is made up.

Contributed by EdMc.

.....now this is true.....found on page 167 of Lasser's "Your In-come Tax," 1976 edition:.....
"You may not deduct as a medical expense special foods and beverages unless they have no nutritional value to you and are taken only to alleviate or treat an illness."

DOES MY CHILD NEED ALATEEN?

- Does my child:
- Feel he got a rotten break in life?
 - Hate one or both of his parents?
 - Lose respect for his non-alcoholic parent?
 - Try to get even with us when he thinks we've been unfair?
 - Feel ashamed of his home?
 - Wish his home could be like others?
 - Lose his temper a lot?
 - Say and do things he doesn't mean to do?
 - Have trouble concentrating on school work?
 - Resent chores that should be done by us?
 - Feel afraid to let prople know what he is really like?
 - Sometimes wish he were dead?
 - Think it would be nice to forget his problems by taking drugs or getting drunk?
 - Find it hard to talk to me?
 - Go to extremes to get people to like him?
 - Feel afraid of the future?
 - Feel no one understands how he feels?
 - Think he makes me drink?
 - Get upset when his parents fight?
 - Stay out of the house as much as possible?
 - Avoid telling me the truth?
 - Worry about me?
 - Appear nervous or scared a lot of the time?
 - Resent drinking in the house?
 - Feel he is a burden to us?
 - Take advantage of us when he thinks he can?

If you have answered "YES" to some of the above questions, ALATEEN may help

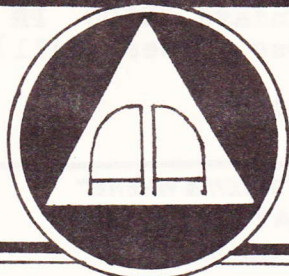
Serenity Club YOUR CHILD.....
* * * * *

DANCE
Friday, August 6 9:30 PM till 2:00 AM
Live Music \$1.50 per person
* * * * *

BINGO - Every Saturday Night.....
.....Early Bird - 9:30 P.M.
More Games....More Prize Money....
* * * * *

EATING MEETING
Saturday, August 21. 7:00 P.M.
We got the ham and chicken. Bring what you like with it. Meeting at 8.

New daytime meetings at Serenity Club.
Now there are meetings on Monday and Wednesday at 12 noon as well as Friday.



PINELLAS COUNTY and SO. WEST PASCO

PLAIN 'N' STRAIGHT

Sept 1976

CENTRAL OFFICE OF PINELLAS COUNTY—11608 Seminole Bld. Largo, Florida 33540

Gratitude Dinner--- Coming up November date to be set. Tickets will be available soon. Dinner, Speaker and satisfaction of knowing the couple of dollars or so more then you could have bought the dinner for, will go toward support of your Central Office.

One of our next projects is an improved copier. A dry ink one which will produce 20 to 100 copies. We need this for reports to sendgroups, tape workers and those who serve on our various committee

10th CAMP FLORIDA A.A. RETREAT

October 29- 30- 31- 1976 Camp Florida, Brandon, Florida. Cost: \$40.00 per perdon. \$10.00 deposit with request.

For Reservations, Camp Florida Retreat. Clarence or Grace Snyder, P.O. Box 425 Casselberry Fl. 32707

Register Early- Reservations limited to 120 persons.

You are not alone. Carry the message

COLOSSAL MEETING

ALL A. A.'S INVITED

St. Jerome's Church 10895 Hamlin Road Largo, FL November 18, 8:00 P M Father Joe M. Author & Narrator of 'Chalk Talk' Mark your calendar NOW, keep this date FREE, Bring a friend, Come in a Car Pool. Find a ride. JUST DON'T MISS IT

??

ATTENTION ALL GROUPS Please advise your Central Office Rep. on the changing of our newspaper notices regarding meetings. One newspaper will print only open meetings. Name and address changes are many, and hard to cope with. In some areas this is being used with great success preamble ph #

Please give us your thinking Steering Com.

HEARD AT GENERAL SERVICE MEETING July 12, 1976

The G.S.R.'s from District I (Pinellas County) voted to have Quarterly one day service conferences instead of the monthly meetings. (August meeting will be held as usual)

These Quarterlys will be held in various locations around the district. There will be a Business Meeting - lunch break - panel discussions and speakers - all aspects of service will be covered. The first one will be held in September in the Clearwater area. Announcements will come later and all members interested in Service will be encouraged to attend.

There are now 48 registered groups in Pinellas County, entitling us to another Committee Member and Alternate. Elections will be held at the August meeting.

Eight members from District I attended the South Florida Conference in Ft. Lauderdale June 19th-20th to hear our delegate, Sam S., give his report on the Annual Service Conference he attended in New York in April.

Interesting Highlights were.....

AA has 1,000,000 members - 28,00 groups in 92 countries.

The new edition of the Big Book is out with updated stories.

It took 16 years to sell 300 copies of the first edition of the Big Book. 1,400,000 have been sold to date.

New Orleans will probably be the site chosen for the next 45th Anniversary International in 1985

The keynote speaker was Peter W., trustee from Canada. He will be a speaker at the State Convention in Miami - August 11-15th.

IMPORTANT NOTICE

Instead of monthly meetings the G.S.R.'s from District One will hold quarterly Workshops. The first one will be-- at- Holiday Inn(Clearwater)

400 US H'way 19 S Just north of #60 Sept. 1976

Saturday, September 11, 1976 at 9:30 to 3:30. Buffet lunch \$3.30 R.S.V.P. before 8-30-76 Call 461-1819 447-8439

Theme- Inside A.A. Open to all persons concerned with the problem

Macarons of Coconut

Mix, using your hands: 2 four-ounce cans of extra moist sweetened coconut, 2 unbeaten whites of egg, 1 cup confectioner's sugar, 1 tsp almond extract.

1/2 tsp vanilla.

Spoon the mixture onto an oiled (or Teflon) cookie sheet, placing them about 3 inches apart. About 1 large tablespoon is a good size.

Bake for 35 minutes

at 350° on the middle rack of your oven. Watch them carefully for they burn easily, but very easily!!!

When they are baked, leave the oven door open whilst you remove them, one at a time, using a spatula.

You must remove them steady or they fall apart.

Note: dry coconut on a plate uncovered overnight for the unbeaten whites of egg are sticky.

DON'T FORGET WE NEED A NEW CENTRAL OFFICE SECRETARY for OCT. FIRST

MEETING LISTS OR WHEN & WHERE ARE IN THE PROCESS OF BEING PUT TOGETHER & READY FOR THE PRINTERS

THIS IS QUITE A TASK, BUT WE ARE TRYING TO GET IT CORRECT COMPLETE

LAW ENFORCEMENT RECOGNIZES THE NEED FOR A JUVENILE ALCOHOLIC TREATMENT CENTER.

Last June a program dealing with Alcohol and youth was presented to more than 2,500 Jr. & Sr. High School students in Largo, by the Community Relations Division of the Largo Police Dept. A film, "99 Bottles of Beer", was shown followed by discussion and a question and answer period. The movie was youth-oriented & dealt with real-life teenagers who, after a personal crisis in their lives, made a decision to do something about their problem drinking. The concensus of opinion of the groups we reached felt that the film represented a direct and realistic approach to the juvenile alcohol problem. Seventy percent of the students indicated, by a show of hands, that they were aware of at least one family member, relative or friend who is adversely affected by the drug, alcohol. Also acknowledged was the fact that teenagers have little or NO difficulty in obtaining alcoholic beverages in the Largo area.

The increase of juveniles involved in alcohol-related crimes significantly identifies the unmanageable drinking habits of a high percentage of local teenagers. The Juvenile Detective Division of the Largo Police Dept. tend to become frustrated when it is deemed feasible to refer a juvenile for treatment for they have recognized that there is no comprehensive facility available. Other law enforcement agencies in Pinellas Co. readily agree that the establishing of a youth-oriented treatment and rehabilitation program is long over due.

Treating the casualties of alcohol addiction is imperative, but in itself will not reduce the emergence of the increasing numbers of youthful victims. For this reason the focus of attention on a structured educational and informational program within the school system, beginning at the elementary level and reinforced by parental influence and attitudes, would indeed be conductive to the intervention of irresponsible drinking among today's juvenile population. . . .

Excerpt from an article in the Largo Sentinel June 24, 1976

EASY DOES IT

The words "Let's keep it simple" were the last Bill W. heard from his fellow founder of A. A., shortly before Doctor Bob's death in 1950. Aware that "it" meant our recovery program, Bill later wrote, "We need to distinguish sharply between spiritual simplicity and functional simplicity.... When we get into questions of action by groups, by areas, and by A. A. as a whole, we

find that we must to some extent--
Organize to carry the message-or else face chaos. And chaos is not simplicity."

NINTH TRADITION

When Tradition Nine speaks of "A. A. as such," it goes to the heart of the A. A. experience, to the "spiritual simplicity" of one alcoholic's saying, silently perhaps, "Help!" and another alcoholic's answering, "I know how you feel. We're here to help you." Such a relationship couldn't be organized. Or could it?

But in action by groups, we find that we do need some sort of organization. If everybody thinks somebody else is going to make the coffee, what's the result? No coffee! THINK...

I am responsible.

Think...

The happiness of love is in action: its test is what one is willing to do for others.

Anon

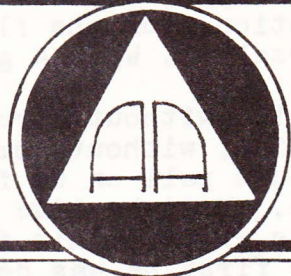


"No, you don't need a zip code, just address the ball and hit it!"

In Memoriam:

Don Ellis
Larry Kelley

Unity



PINELLAS COUNTY and SO. WEST PASCO

PLAIN 'N' STRAIGHT

OCT. 1976

CENTRAL OFFICE OF PINELLAS COUNTY—11608 Seminole Bld. Largo, Florida 33540

I am responsible.

A.A.

Gratitude

GRATITUDE DINNER

Fellowship

Sunday

pinellas County

November 14, 1976

Darn, the Gratitude Dinner Committee almost had the place, price and more details ready for this newsletter. Then they had a lead on another more central location but it was not confirmed when we had to go to print with this newsletter. Be patient! All the ins and outs will be out soon.

!!!!!!! **COLOSSAL MEETING** !!!!!!!
ALL A. A.'S INVITED

St. Jerome's Church 10895 Hamlin Road
Largo, FL November 18, 8:00 P M
Father Joe M. Author & Narrator of 'Chalk Talk'
Mark your calendar NOW, keep this date FREE, Bring a friend, Come in a Car Pool. Find a ride. JUST DON'T MISS IT

PLEASE COME EARLY

Important to Mary Smith, Secretary, IF anyone picked up an extra set of keys at the last Rep Meeting, Sept. 20th, it could be picked up with literature from the desk. PLEASE CALL ESTHER L.

584-2931 Thank you

Dance:

HOME GROUP DANCE***FRIDAY OCT. 29
EVERYONE WELCOME---EVERYTHING FREE
FELLOWSHIP, GREAT FOOD, FUN FUN, TRY COMING, YOU WILL LIKE IT!!!!

MEN'S LUNCHEON - WEEKLY - FOGCUTTER
34th Street and 1st Ave. S. St. Pete
Thursdays 12 Noon

UNITY MEETING

Open Saturdays 8:00 P M
St. Mary's Center
515 Fourth Street South
St Petersburg, FL 33701
Unity

10th CAMP FLORIDA A.A. RETREAT

October 29- 30- 31- 1976
Camp Florida, Brandon, Florida.
Cost: \$40.00 per perdon. \$10.00 deposit with request.
For Reservations, *Retreat.*
Camp Florida
Clarence or Grace Snyder,
P.O. Box 425
Casselberry Fl. 32707
Register Early- Reservations limited to 120 persons.

The BIG Book NEW PRICE IS NOW:
\$5.65

The three new pamphlets to be ready for October have been ordered. Cen. Off.



Central Office

Choose a sponsor

G.S.R.

A little late with sincere thanks for the prompt response for cleaning equipment & drapes for the Central office. A hint for future reference: strong tri-sodium and a detergent, (Spic & Span), in water soaked for a while on terrazo. Betty B's electric scrubber with bits of steel wool tucked in the bristles for scrubbing. (We may or may not have terrazo in the new office. Bud's drapes are being kept for a new office, rather than be cut down to size where we are now. Another donated drape just fit our window now. We may need these. So much thanks again. Connie's vaccuum was a blessing. We had a crew of volunteers to paint the office, but the landlord said he would panel & remodel, when we leave, so we abandoned the paint project. MS C. O.

***** THE BIG BOOK GROUP has a good turn out at meetings; but would like and needs MORE members. The few members there now would like to become a better functioning group. It's good to be where you are needed. Ask Judi, she knows. *****

A MOTION was made and passed at the Central Office Rep meeting this month, to the effect: "All groups using the Central Office for meetings take a small collection to help defray expenses of the office."

WE ARE GRATEFUL TO THE COMMITTEE, GLADYS D, GEORGE B, RONNIE O' AND LORI H. FOR THEIR LABOR ON THE WHEN AND WHERE'S. MUCH, MUCH DISCREDIT TO THE CENTRAL OFFICE SECRETARY WHO FOULED IT UP FOR THEM AS MUCH AS HUMANLY POSSIBLE. SHE'S SLIPPED, HOPEFULLY NOT TO THE EXTENT OF THAT FIRST DRINK.

Barfly, to another: "My wife just doesn't understand me. Does yours?" Another: "Don't know. She's never mentioned you that I can remember."

When change is successful, we look back and call it growth.

If you're really listening, one night during the thunderous applause following a speaker, you may be struck by enlightening.

Don't be afraid to take a big step if one is called for. You can't cross a chasm in two small jumps.

Confucius say, "Alcoholic who plan to quit drinking tomorrow probably have same plan yesterday."

Humility

EVERYONE WHO ATTENDED THE FIRST QUARTERLY GENERAL SERVICE MEETING OF DISTRICT ONE HAD SOMETHING GREAT TO SAY ABOUT IT. INFORMATIVE, INSPIRING, INTERESTING, ENJOYABLE. That was Sept. 11th. Here's hoping the next one and any following are as successful.

We need more news and reports from the Public Information Committee and hope to keep up with this better from now on.

Serenity Club

Bingo

BINGO every Saturday night at 9:30. EARLY BIRD GAME AT 9:00 There is a membership drawing every week - dues must be up to date and you must be present to win

Skeeter C. won the \$100.00 Membership Drawing, or pot on Sept. 4th

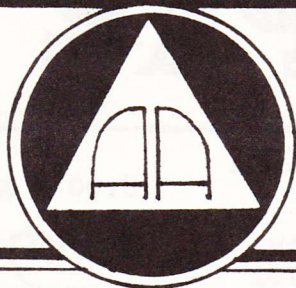
Correction from last month!!! There is a dance EVERY FIRST Friday Live Music 9:30 PM till 2:00 AM \$1.50 per person

MEMBERSHIP MEETING SUNDAY OCTOBER, 17th 4.00 PM Barbeque following the meeting.

"What's the difference between ignorance and apathy?" "I don't know and I don't care." submitted by Jack T.



"Good to see you here bright and early this morning, Maltby. But where were you Monday and Tuesday?"

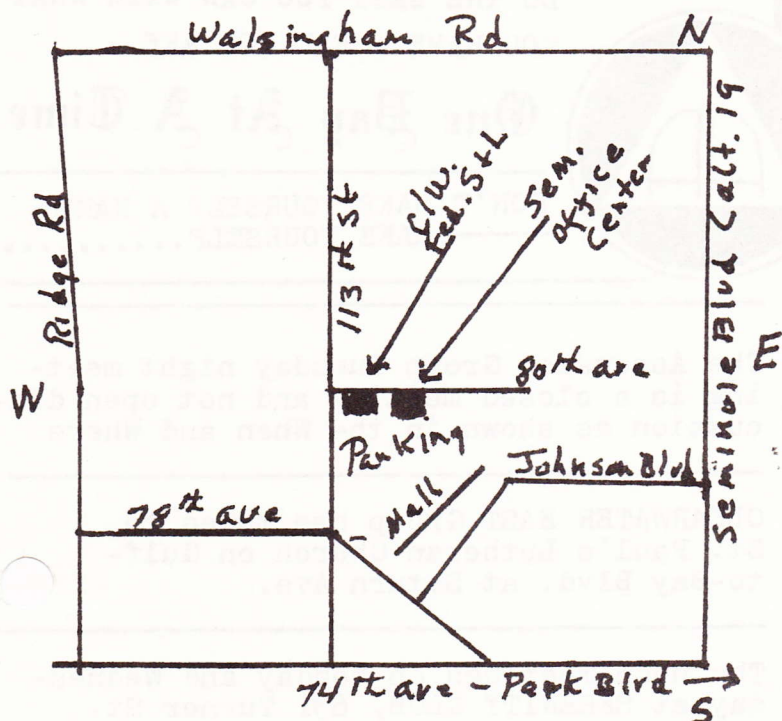


PINELLAS
COUNTY
and
SO. WEST
PASCO

PLAIN 'N'
STRAIGHT

NOVEMBER
1976

CENTRAL OFFICE OF PINELLAS COUNTY—11608 Seminole Bld. Largo, Florida 33540



CENTRAL OFFICE MOVING!

The Group Representatives Committee at their meeting on Oct. 18th, approved moving the Central Office on Dec. 1st to the Seminole Office Center Building. The new address will be:

8050 Seminole Mall
Suite 321, Seminole Office Center
Seminole, Fla., 33542

This office space is leased for the next two years at a monthly rent of \$175. --Option to renew the lease for another three years at a monthly rate of \$200.

A large Conference Room across the hall from the office space is available without charge for the meetings of the Group Representatives.

Your New CENTRAL OFFICE STEERING COMMITTEE members are:

Dorothy U., Clearwater East, Chairman
Mary G., 3rd and 11th Step.
Jim K., Thurs. Nite Men's Group
George B., Clearwater Beach
Ed. Hilton, Holiday Isles
Nancy Cassata, Indian Rocks

Due to packing up for the moving to our new quarters, the sale of Books and other items will be suspended from Nov. 26th thru Nov. 30th.

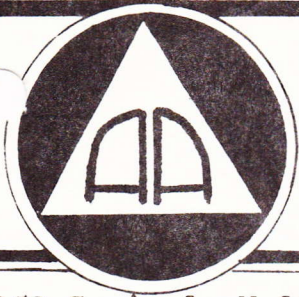
Your new Central Office Secretary is LES S. from the Primary Purpose Group.

A.A.
GRATITUDE DINNER
Sunday
November 14, 1976

BRECKENRIDGE RAMADA INN
3600 - 34TH STREET SO.
ST. PETERSBURG, FLORIDA

TIME 1:30 P.M.

TICKETS \$6.50



PINELLAS
COUNTY
and
SO. WEST
PASCO

PLAIN 'N' STRAIGHT

DECEMBER
1976

8050 Seminole Mall, Suite 321, Seminole Office Center Seminole, Fl. 33542

GENERAL SERVICE QUARTERLY WORKSHOP DISTRICT ONE

SATURDAY - DECEMBER 4th. 1976
HOLIDAY INN (CLEARWATER)
400 US. Highway 19 S

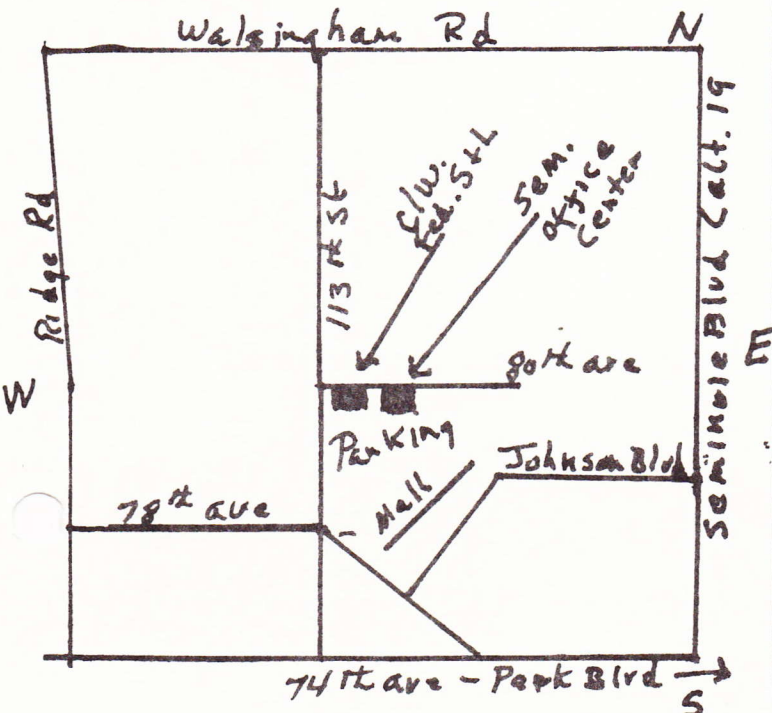
PROGRAM

- 9:30 A.M. COFFEE
 - 10:00 A.M. BUSINESS MEETING FOLLOWED BY FILM. "Bill discusses the Twelve Traditions."
 - 12:15 P.M. BUFFET LUNCH-\$3.50. Incl. Tax & Tip
 - 1:30 P.M. WORKSHOP
- MODERATOR=Lenore T.

Meeting is open to all persons concerned with the problem of Alcoholism.

OPEN HOUSE

PLAN TO VISIT YOUR NEW CENTRAL OFFICE ON FRIDAY DEC. 10th FROM 1:00 P.M. 'till 4:00 P.M. OR ON SAT. DEC. 11th FROM 10:00 A.M. 'till 1:00 P.M. ENJOY SOME COFFEE, COOKIES & FELLOWSHIP.



UNITY MEETING

Open Saturdays 8:00 P M
 St. Mary's Center
 515 Fourth Street South
 St Petersburg, FL 33701
 Unity

SCHEDULE

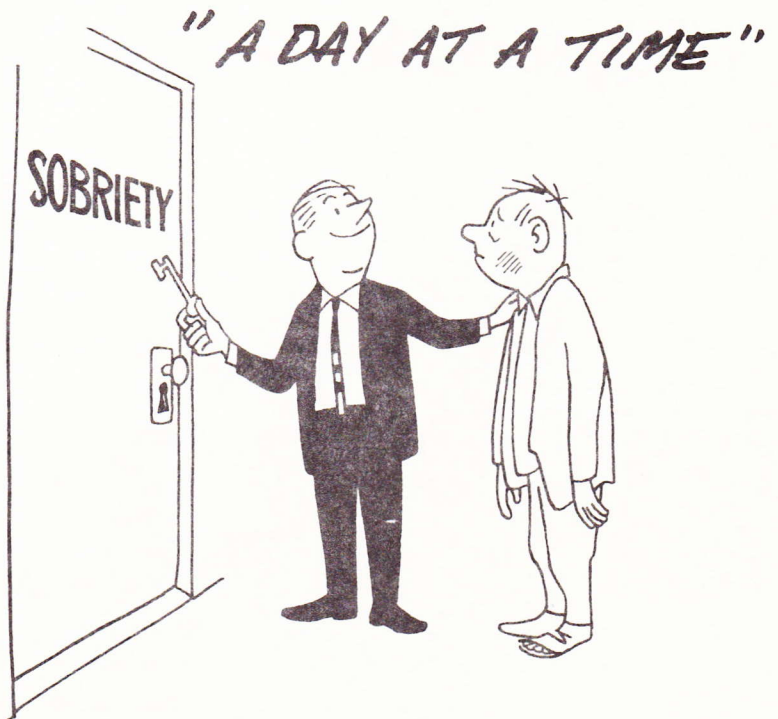
- Dec. 4, 1976- St. Petersburg Group
- Dec. 11, 1976- Sumter Inst. Group
- Dec. 18, 1976- Thurs. Nite Men's Group
- Dec. 25, 1976- Clearwater Beach Group
- Jan. 1, 1977- Clearwater East Group
- Jan. 8, 1977- Sun. Morning Group
- Jan. 15, 1977- Home Group
- Jan. 22, 1977- Ozona Group
- Jan. 29, 1977- Largo Tues. Nite Group

MOVING

The St. Petersburg Group will move on Jan. 1, 1977 to 1112 Central Ave.

MEETINGS

- Steering Committee at 7:00 P.M. Dec. 20, 1976
- Group Representatives at 8:00 P.M. Dec. 20, 1976
- Institutional Committee at 8:00 P.M. Jan. 5, 1977



KEEP IT SIMPLE

***** COLOSSAL MEETING *****

St. Jerome's Church, 10895 Hamlin Road
Largo, Fla. NOVEMBER 18th, 8:00 PM

Father Joe M. Author and Narrator of the film, "CHALK TALK". Mark your calendar NOW, keep this date FREE. Bring a friend Come in a car pool. Bum a ride. JUST DON'T MISS IT. PLEASE COME EARLY!

ALL A.A.s INVITED

MEN'S LUNCHEON-WEEKLY-FOGCUTTER
34th Street and 1st Ave. St. Pete.
THURSDAYS AT 12 NOON.

THANK GOD ITS FRIDAY Meeting at the Serenity Club, each Friday Noon, is an Open meeting.

Bingo every Saturday night at 9:30
SERENITY CLUB, 631 Turner St.
Clearwater. EARLY BIRD GAME at 9:00

There is a membership drawing every week - dues must be paid and you must be present to win. GOOD LUCK!!!

Be careful what you pray for, you might get it.....21

Envy is the art of counting the other fellows blessings instead of your own.....

WE HAVE NOTHING THAT WE ARE NOT GIVEN

There is always someone worse off than yourself.....Aesop..

Of all the vices take heed of drunkenness. Other vices are but the fruits of disordered affections; this disorders, nay banishes, reason.— Other vices but impair the soul; this demolishes her two chief faculties; the understanding and the will.— Other vices make their own way; this makes way for all vices.—He that is a drunkard is qualified for all vices.
-Francis Quarles

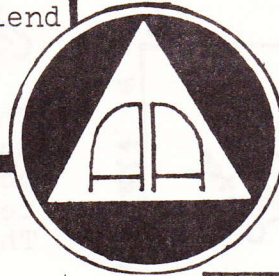
UNITY MEETING

Open Saturdays 8:00 P M
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St Petersburg, FL 33701
Unity

DO THE BEST YOU CAN WITH WHAT YOU HAVE WHERE YOU ARE

One Day At A Time

DON'T MAKE YOURSELF A NAME,
MAKE YOURSELF.....



The Ascension Group Tuesday night meeting is a closed meeting and not open discussion as shown in the When and Where

CLEARWATER EAST Group has moved to St. Paul's Lutheran Church on Gulf-to-Bay Blvd. at Saturn Ave.

The noon meetings on Monday and Wednesday at SERENITY CLUB, 631 Turner St. are now closed meetings.

The Al-Con A.A. Group at the Brooksville Road Prison #35 will celebrate their 9th Anniversary on Nov. 13th with a program from 10:30 AM 'till 3:00 PM to include a Chicken Dinner. Men and Women members of the Fellowship are Welcome.



"What Step is 'Ego-Satisfaction'?"

Welcome Visitors!

MEN'S LUNCHEON - WEEKLY - FOGCUTTER
34th Street and 1st Ave. S. St. Pete
Thursdays 12 Noon

UNITY MEETING
Open Saturdays 8:00 P M
St. Mary's Center
515 Fourth Street South
St Petersburg, FL 33701

Please mark changes in your When and Where.
St. Pete group staying at 1024 Central Ave.
For another month. New location will be announced when one is found.

Shore Acres Gratitude Group - Monday 8:00 P.M.
N.E. United Presbyterian Church, 4400 Shore
Acres Blvd., N.E., St. Pete., 33703
Serenity Club now has meetings on Monday and
Wednesday noons as well as Friday.

New daytime meetings at Serenity Club.
Now there are meetings on Monday and
Wednesday at 12 noon as well as Friday.

Serenity Club *****
DANCE
Every Friday 9:30 PM till 2:00 AM
Live Music \$1.50 per person

BINGO Every Saturday Night.....
.....Early Bird - 9:30 P. M.
More Games...More Prize Money
Membership Drawing is now \$100.00, you do
not have to play, just be there. This
drawing is built up \$10.00 a week.

MOST OF US KNOW A A CLUBS ARE VERY IM-
PORTANT AND WORTHWHILE TO NEW A.A.'S AS
WELL AS OLD TIMERS. LET'S MAKE A SPEC-
IAL EFFORT TO BOOST AND KEEP OUR SERENITY
CLUB A SPECIAL ONE IN QUANTITY & QUALITY

--SUPPORT YOUR CENTRAL OFFICE----



"Everybody knows that they call a guy who
drinks lots of wine a wino and a guy who
drinks lots of rye a ryeno."

** NEWEST GROUP: to list this month ***
(c) Grow Up Group Sundays 8:00 PM
Church of the Holy Cross (West Hall)
7851 - 54 Av N
St Petersburg, FL 33709
Ph. 546-4866

PLEASE PLACE IN YOUR "WHEN & WHERE"
OUR MOVE: THURSDAY SEPT 2, 1976
NEW - NORTH - GROUP

Holy Family School
250-78th Ave. N.E., Room 205
(Off 77th)
O.D. Meetings - Every Thursday - 8:00 P.M.
North on 4th St. to 78th Ave. - right 1 1/2 blocks
2nd floor
"COME SET A SPELL - HEARI"

Gratitude Breakfast Group
Sunday Morning 9:30 A M OPEN
State Rd. 52 Patio Restaurant
Beacon Woods, Port Richey, FL

NEW GROUP:
Fifth Avenue North Group
St. Lukes United Methodist Church
4444 Fifth Avenue North
St Petersburg, FL 33707
Tuesdays 8:00 P M Closed
Saturdays 8:00 P M Open

NEW MEETING:
Newcomers Meeting
7:00 P M Mondays
301 Seminole Street
Clearwater, FL 33515

LAMBDA GROUP (for Alcoholic gay men and
women) Closed 8:15 Fridays
Metropolitan Community Church
2904 Concordia Av Tampa, FL 33609

If you really want to get your wife home quick from
an out-of-town vacation, just send her a copy of the local
newspaper with one item cut out.



Both optimists and pessimists contribute
to society. The optimist invents the airplane
and the pessimist adds the parachute.



It is as important to know where you
stand as it is to plan where you are going.



Hospital Meeting

New Hope Group
Medfield Medical Center
12891 Seminole Blvd. Largo
Monday 8:00 P M

Pray for the bastard!

Explore AA.

"Having had a spiri-
tual awakening.....
we tried to carry
this message....."



Small boy's definition of conscience:
Something that makes you tell your moth-
er before your sister does.



About the only thing a child will share
willingly are communicable diseases and his
mother's age.



- CORRECTION -

Group Contribution Sheets dated July 1, 1976 for first six months of 1976, please change: Clearwater Women's, June contribution, \$10.00, to Dunedin June contribution, 6 month total, Clw. Women, to \$100.00 6 month total, Dunedin, to \$50.00

.....THINK.....
Humility is perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and kneel to my Father in secret and be at peace, as in a deep sea of calmness, when all about is seeming trouble.

Inscription on the desk placque of Doctor Bob from Surfside Group

LAMBDA GROUP (for Alcoholic gay men and women) Tampa (C) 8:15 Fridays Call Central Office for directions

How's your attitude?

BAKED CORN Serenity Club

... for a large crowd ...

Pour into a LARGE buttered baking pan:

One 6 lb. 10 oz. can of cream-style corn,

One can (same size), DRAINED, kernel "

Combine, in a bowl: 6 eggs, 3 TBSP. vanilla (its alcohol vanishes in baking), 1 cup sugar, 3 tsp. salt & 1 cup of milk. Beat WELL, then pour into corn. Add 1/2 lb. melted oleo. Mix thoroughly. Bake at 350° until browned.

It should NOT be too "soupy".

This freezes well. It is easy to prepare, it is inexpensive (for so many servings) and it is

DELICIOUS!



"Are you sure there wasn't a full moon last night?"

Please mark changes in your When and Where. St. Pete group staying at 1024 Central Ave. for another month. New location will be announced when one is found.

Shore Acres Gratitude Group - Monday 8:00 P.M.

N.E. United Presbyterian Church, 4400 Shore Acres Blvd., N.E., St. Pete., 33703

Serenity Club now has meetings on Monday and Wednesday noons as well as Friday.

NEW GROUP:

Fifth Avenue North Group
St. Lukes United Methodist Church
4444 Fifth Avenue North
St Petersburg, FL 33707
Tuesdays 8:00 P M Closed
Saturdays 8:00 P M Open

NEW MEETING:

Newcomers Meeting
7:00 P M Mondays
301 Seminole Street
Clearwater, FL 33515

CHANGE GROUP NAME

Avon Park Alumni Group to:
WOODLAWN CAMELS Same meeting place,
same kind of meeting and same time.

NEW

No name yet but a
Sunday Morning Breakfast
begins August 8th (off Rt. 52)
Beacon Woods Restaurant Patio
\$1.50 plus 25% tip
Meet at 9 AM, breakfast from 9.30 until
10.30. Meeting 10.30 until 11.30 A M
Speakers

SORRY WE HAD MORE NEWS, REPORTS AND
ANNOUNCEMENTS THAN WE COULD MANAGE TO
PUT INTO THIS NEWSLETTER.

SUPPORT YOUR CENTRAL OFFICE

AA is growing in this area and the Central Office needs to grow to keep up with this increase.

We have done considerable remodeling with very little expense thanks to the free labor of one of our AA members.

We have added to the inventory stock thanks to the increased contributions of the groups and special functions.

Appreciation of additional contributions from groups and many individuals in AA is great. We have been able to afford a newsletter for the the last sixteen months with minimum expense to the Central Office budget.

We have an additional telephone to keep up with the growth of communication. Thanks to increased and better donations, and management of special events, we have our second months operating expense for the C.O. in a prudent account at 5% interest.

All of you, groups and individuals, have been generous; you came forth to help insure the success of a mammoth gratitude dinner. You supported an anniversary dinner well.

Although the Suncoast Convention is not a Central Office function, per se, and individual affairs such as the dances, picnics, holiday functions, growth of our Serenity Club, have all had hard work and financial support.

Let's pause for a moment of gratitude for all these blessings, and those not listed or known. This past period has been most successful despite inflation and rising costs in every way.

We would like to keep the increase of literature with the increase of demand. We need a printing machine to meet the increase of work in the office. We hope to buy maps to let the workers in the office "see" where groups are located and provide tape people with reduced sized maps to work through groups for 12 step calls.

After much consideration, since we have not been able to locate office space for less rent, we may have to pay more rent for the increase in size of the G.S.R. meetings. These reps deserve a roomier, cooler, better place to meet. If the air conditioner is running, people cannot be heard. If it is turned off the circulation does not adequately combat the heat.

We do not wish plush quarters, but we should plan to paint and improve our present head quarters for the time we are here, and to leave it in a respectable state should we be fortunate enough to be able to move.

Let each group seek group conscience to consider beginning group donations, of to increase them a little if your group is growing

Mary J.S.

PLEASE MARK THIS CHANGE IN YOUR PRESENT "WHEN AND WHERE"

Moved meeting place of the INDIAN ROCKS BEACH GROUP. Moved to:
(as of the July 6th Tuesday)

2400 Bay Blvd.
Indian Rocks Beach same time
same night
(this location is seven (7) blocks north, & one (1) block farther east from the present location)

The second (2) Tuesday of the month will be crowded, due to present church activities. Hopefully this will be remedied soon.

CHANGE OF MEETING PLACE.

After 20 years in one location, the St Petersburg Group (well known as 1024) is moving. From 1024 Central Av. to: 468-470 Sixth Avenue South St Petersburg They will be there AUGUST 1st.

New daytime meetings at Serenity Club. Now there are meetings on Monday and Wednesday at 12 noon as well as Friday.

TAMPA GAY GROUP FORMING-----Call Central Office for information.

EXCHANGE SPEAKERS

Paul M. of Sarasota, P.O.Box 3805, Zip 33578; visited the Central Office, and others in this area to ask if A A's in our area would exchange speakers. Particularly for Saturday meetings at the Sarasota Memorial Hospital. That is located on Arlington, making a right turn off Route 41, going a short distance. He requested you call him at 351-1057 COLLECT, if you are willing to go.

+++++

Please CONTACT Evan O'N at 848-4042 if you would be willing to trade speakers with the new HUDSON GROUP. Meetings are Saturday nights at 8 PM

(Incidentally, from a recent visit to this new group, the Chamber of Commerce meeting place has a lovely room & kitchen facilities. It is easy to find-- a yellow building to be seen right off US 19, on the left going north almost to the end of Hudson. The A A Fellowship was tops. If you don't go to speak-- TRY visiting, it's GREAT. M S, Cen. O.

SUNDAY MORNING BREAKFAST and AA OPEN DISCUSSION. You are welcome to attend. 8:30 every Sunday morning at Sambo's. SAMBO'S - 1550 - 66th St. N. St. Pete.

If the Secretary writes a letter,
It is too long;
If he sends a post card,
It is too short;
If he doesn't send a notice,
He is too lazy;
If he attends a committee meeting,
He is butting in.
If he stays away,
He is a shirker;
If he asks for contributions,
He is insulting;
If he fails to get money,
He is slipping;
If he asks for advice,
He is incompetent;
If he doesn't ask for advice,
He is bullheaded;
If he writes a complete report,
It is too long;
If he condenses a report,
It is incomplete;
If he talks on a subject,
He is trying to run things;
If he remains quiet,
He has lost interest in the meeting.

Ashes to ashes,
Dust to dust,
If others won't do it,
THE SECRETARY MUST!

Subm. by Pin. Co. C.O. Steering Comm.

The wonderful love of a beautiful maid -
The love of a staunch, true man -
The love of a baby unafraid -
Have existed since life began.
But the greatest love - the love of
loves -
Even greater than that of a mother -
Is the passionate, tender and infinite
love,
Of one drunken bum to another.....
Author Unknown - Submitted by Joe Z.

Confucius didn't say it, but "Man
who always insist on saying what he
thinks is very courageous.....and
very lonely."

AN ALCOHOLIC is a master mathematician.
He has a fraction of his sanity, a per-
centage of his marbles. He multiplies
his troubles, subtracts from his wallet,
adds to his miseries, and divides his
family. After joining AA, he subtracts
his miseries, multiplies his blessings,
adds to his happiness, and divides his
time into 24-hour days, one day at a
time.

Prejudice is a great time-saver. It
enables us to jump immediately to the
conclusion without bothering to con-
sider the facts.

Serenity Club



BINGO every Saturday night at 9:30.
EARLY BIRD GAME AT 9:00

There is a membership drawing every
week - dues must be up to date and
you must be present to win

SERENITY CLUB 7th ANNIVERSARY and
OPEN HOUSE - Sunday, June 13th - -
Cake and Ice Cream. Everyone is
invited and welcome. 5:00 P.M.

MAY 30 - MEMORIAL DAY - POT-LUCK
LES AT THE ORGAN
6:00 to 8:00 P.M. - 9:30 till-
AA meeting at 8:00PM

DANCE - FIRST FRIDAY OF EACH MONTH
Four piece band - 9:30 P.M. \$1.50

STRANGE how much you've got to know
before you realize how little you know!

THE TWELVE PROMISES OF A.A.

1. We are going to know a new freedom
and a new happiness.
2. We will not regret the past nor
shut the door on it.
3. We will comprehend the word serenity
4. We will know peace.
5. No matter how far down the scale we
have gone, we will see how our ex-
perience can benefit others.
6. The feeling of uselessness and self-
pity will disappear.
7. We will lose interest in selfish
things and gain interest in our
fellows.
8. Self-seeking will slip away.
9. Our whole attitude and outlook on
life will change.
10. Fear of people and economic secur-
ity will leave us.
11. We will intuitively know how to han-
dle situations which used to baffl-
us.
12. We will suddenly realize that God
is doing for us what we could not
do for ourselves.

(From the Big Book, Pp 83 & 84)

WE IN AA TAKE TIME.....

- TO THINK...it is the source of power.
- TO PLAY...it is the secret of perpetual youth.
- TO READ...it is the fountain of wisdom.
- TO PRAY...it is the greatest power on earth.
- TO LOVE AND BE LOVED...it is a God given privilege.
- TO BE FRIENDLY...it is the road to happiness.
- TO LAUGH...it is the music of the soul.
- TO GIVE...it is too short a day to be selfish.
- TO WORK...it is the price of success.
- TO DO CHARITY...it is the key to heaven.
- TO SERVE...it is an A.A.'s responsibility.

Bob G., Dedham Line Group

KEEP SMILING.....IT MAKES EVERYONE WONDER WHAT YOU HAVE BEEN UP TO!



WE ENCOURAGE PEOPLE TO HELP SUPPORT NEW GROUPS. We have a request for people interested in Helping this new meeting get going. Tuesday Night Discussion Group, Closed, Calvary Methodist Church, 11100 - 110th Ave., Largo.

WE ARE DEFINITELY WHAT WE THINK..... as a man thinketh, so he is. The trick for all of us is to cull out of our thinking those thoughts that are injurious to us at to retain those that are beneficial.

We conceive our own thoughts, we give them birth, we nourish and sustain them - they are our brain children. Our lives become intertwined with them, and their influence on us and our behavior is enormous.

The thoughts we have must be purely conceived, carefully trained, well disciplined and encouraged. In so doing we surround ourselves with a group of brain children whose influence on our lives brings the happy results we can hopefully expect. ("The Eye Opener", January 16th)

NOTICE

Kindly announce the following at your next meeting, and would appreciate it being posted on your Bulletin Board.

Whether you ordinarily "Smoke or Not" You are invited to attend the NO SMOKING MEETING on Saturday night at 8:00 P.M. in the same meeting room as Holiday Isles Group at St. Albans Church, Blind Pass Road at 85th Ave.

There is no smoking during the meeting, but we do, however, have a coffee break at which time smokers can step outside and have a "drag".

Then there's the Scotsman who stood outside in a blizzard because he had a half a bottle of cough medicine left from his last cold.

Alanon

During the first week of April, Ray Blush and his crew from PROJECT 13 will be filming an entire program on Al-Anon. There will be five interviews. These are people who are aware of the effects of alcoholism on the family. In the background will be Al-Anon groups from this area. Be sure to watch for the date of showing. It will be a Sunday evening at 6:30 P.M.

The 15th Anniversary of the Clearwater Beach Group of Al-Anon was an exquisite, delightful occasion. About 80 attended. All other A A's and Al-Anons in this area missed a memorable event. The simplicity in which the two first Al-Anons, one from St Pete, and one from the Clearwater area, were instruments in the way our Higher Power works his miracles, is so similar to our A A. With no guidelines, no literature, a bare beginning with little encouragement and many handicaps. The out of town speaker was as great in telling what she was like, what happened and what it is like now, as any member of the lovely Al-Anon Program could be. She touched our hearts and made us laugh. A bountiful buffet followed the program and the fun and fellowship went on and on. Again, it was a memorable occasion; evidence the program works for those who come from where we came, and triumph. Al-Anon is Coming of Age. March 2, 1976 an anon A A